

EDUCATIONAL PROGRAM PATHWAY

WAVERLEY GYMNASTICS CENTRE



KNOX COMPETITIVE BOYS PROGRAM
 WGC has a partnership with Knox Gymnastics where our coaches can recommend boys showing potential for a competitive boys (MAG or Gymstar) program. Parents will be contacted directly by our Educational Coordinator in this instance or you can contact our Educational Coordinator on 9887-9611.

MEDALLION PROGRAM
For experienced gymnasts (girls & boys) - by invitation only

- This is the pinnacle of Educational Gymnastics at Waverley for those gymnasts with both the potential and passion to learn higher-level gymnastics.
- Gymnasts train two sessions a week, undertake Medallion skill evaluations twice a year (during class time) and compete at an annual GFA competition.
- Gymnasts currently enrolled in this program are training an equivalent skill level to the Australian Levels Program 7/8 - with the added excitement of optional skill learning and no compulsory skills!

EDUCATIONAL ADVANCED LEVEL 1-4 PROGRAM
New gymnasts (girls & boys) with gymnastics experience welcome (10-16 years)

- This is the next important step for gymnasts that have mastered the first 10 levels and are ready for their next challenge. Our world-class curriculum has 4 advanced levels focusing on more advanced gymnastics skills, involving twice yearly testing as well as competing in an annual GFA competition.
- Each level and apparatus has a testing sequence which is made up of the specific gymnastics skills taught throughout their gymnastics classes, with the routines becoming more intricate and refined and involving significantly more high-level skills.
- Classes are 2 hours a week, held Monday to Saturday at our Oakleigh and Glen Waverley campuses, some gymnasts choose to attend two classes a week.
- Passing each level in the Advanced Level 1-4 program is based on a gymnast's 12-18 month journey, meaning most gymnasts should pass one level every 12-18 months.

EDUCATIONAL LEVEL 1-10 PROGRAM
New gymnasts (girls & boys) welcome (5-16 years)

- Our Incredible Educational Program starts here! Our world-class curriculum has ten levels designed to create a progressive pathway to help children optimise their gymnastics learning. Testing is held twice a year and gymnasts will also have the opportunity to compete in an annual GFA competition.
- Each level and apparatus has a testing sequence which is made up of the specific gymnastics skills that are taught throughout their gymnastics classes.
- Classes are generally 1 hour a week for ages 5-8 years, 1 ½ hours for 8-10 years and 2 hours for 10-16-year-olds, held Monday to Saturday at our Oakleigh and Glen Waverley campuses.
- Passing each level (see amazing badges below) is based on a gymnast's 6-12 month journey, meaning most gymnasts pass one level every 6-12 months.

JUNIOR GYMNASTICS PROGRAM
New gymnasts (girls & boys) welcome (2-5 years)

- Our exceptional Junior Gymnastics classes for 2-5 year-olds are full of fun and learning for both girls and boys.
- The expertly crafted curriculum is designed to instil a love of movement and gymnastics through an engaging variety of activities.
- Children are encouraged and challenged to master skills on our inground trampolines, balance beams, bars, sprung floor, foam pit and ninja frame.
- Beyond learning gymnastics, our program aims to enhance coordination, refine balance, and boost confidence, fostering a "can-do" spirit that sets the stage for success in all other endeavours.
- This is the place where our very youngest members can embark on their gymnastics journey of fun, growth and confidence!

DIVISION 2 & GYMSTAR COMPETITIVE PROGRAMS
 WGC have a reciprocal relationship with a number of quality Gymnastics Clubs that run Division 2 and Gymstar competitive gymnastics (training between 4-12 hrs p/week). If this interests you please contact our Educational Coordinator on 9887-9611.

WGC INTERNATIONAL COMPETITIVE PROGRAM
 We have a specialist coach that regularly views our Educational classes throughout the year to identify any girls that might show the potential for the WGC International gymnastics program (training 15-30 hrs p/week). Parents will be contacted directly in this instance.

BOYS

GIRLS

GIRLS

KEY:
 Typical Pathway
 Alternative Pathway