## **FAMILY BUDDY SYSTEM**

**WAVERLEY GYMNASTICS CENTRE** 

We understand that moving to a new gymnastics club or into a competitive program for the first time can be overwhelming! For those families new to the club or new to competitive gymnastics we have introduced a "new family" buddy system.

WGC will pair up each new squad family with one of our current squad families (this will usually be a committee member's family or a family that have been with us for a number of years) to be a "go to" for any questions new families may have along the way!





This initiative was based on the valuable feedback provided in the NPS parent survey in October 2019, and the Wellbeing survey in July 2020. Coaches and Management workshopped strategies on how we could provide extra support to new families at the club and the "buddy family" initiative was founded.

## WHAT DOES A 'BUDDY FAMILY'DO FOR A NEW FAMILY?

- Introduces them to other families
- Shares their experiences/insights
- Answers any questions or points them in the direction of who to ask
- Provides support to the new family as they transition to Waverley



