

# COACHING COMMITMENT STATEMENT

WAVERLEY GYMNASTICS CENTRE

## CHILD CENTRED, CHILD SAFE

1. We will provide an inclusive, safe and fun environment where athletes thrive.
2. We will commit to an athlete centred approach in all decision making to ensure athlete wellbeing is our highest priority.
3. We will empower all athletes to have a voice.

## EXCELLENCE THROUGH INNOVATION

4. We will strive to get the best out of each athlete in our care through considered planning, positive coaching practices and a truly holistic approach.
5. We will commit to ongoing professional development and embrace a growth mindset philosophy.

## RESPECT

6. We will respect and value our colleagues opinions and contribute to a positive work environment.
7. We will recognise that the journey is more important than the destination.

## TEAM

8. We will work together as a team to achieve our collective goal of happy, healthy and successful athletes.
9. We will respect and support the collective partnership between athlete, coach, parent and management.

## INSPIRE

10. We recognise we have an important role to play in the overall development of well rounded individuals as well as developing successful athletes.
11. We will strive to lead by example in our own lives to contribute to a happy and healthy environment.

## INTEGRITY

12. We will hold ourselves and each other accountable to this coaching commitment statement.

*Tonielle Lou* *Natalie Bray* *Yong* *Uthel* *Glenn* *Michelle*  
*S. Del* *B* *B. Kay* *M* *L. B.*  
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This coaching commitment statement was proudly and collaboratively formed by the entire WGC High Performance Coaching Team in August 2020 and is reviewed and resigned each year.

