

## ARRIVE READY FOR GYMNASTICS



We ask that gymnasts arrive ready for class. This includes being dressed in their activewear as there will be no access to change rooms. We would also ask that parents ensure their child goes to the toilet before arriving at the Centre. While toilet facilities will be available to gymnasts, we are trying to keep usage to a minimum.

## DROP OFF/PICK UP



North bubble educational gymnastics participants must enter through the back squad entrance via Bolch Place (note this is different from where the majority of our Educational gymnasts will enter). Please collect your child from the corner doors off Bolch Place (under the WGC logo.)

**Please note all classes will be finishing 5 minutes early to allow time for cleaning.**

## PARENT ACCESS

In order to limit the number of people entering our facilities, individuals other than gymnasts and WGC staff will not be permitted inside WGC. This includes the gymnastics hall, foyer, toilets and change rooms. **Vaccinated adults** will see the WGC drop off point when they enter the ORC foyer. Please ensure your contact details are up to date in case we need to reach you for any urgent matter.



# RETURN TO GYMNASTICS

## NORTH BUBBLE

Welcome back to gymnastics! With the easing of government restrictions we are beyond thrilled to be welcoming our gymnasts back to the gym. We are so excited to see you again! Please be assured we are up to date with all government guidelines and requirements from a capacity, hygiene, and procedural perspective. To ensure the ongoing health and safety of all our gymnasts, families and coaches, we have made some changes to our regular processes. Here is all the information you need before you return to classes!

CONTACT US



If you have any questions at all around your child's return to gymnastics, please do not hesitate to contact our friendly office staff on 9887-9611 or [admin@wgc.org.au](mailto:admin@wgc.org.au)

## WHAT TO BRING

Gymnasts will be required to bring a small backpack or bag that they will keep with them for the duration of their class.

### Packed with them should be:

- Drink bottle (gymnasts must bring their OWN drink bottle. No sharing will be allowed. There will also be no access to drink taps in the facility)
- Mask (mandatory for gymnasts in grade 3 and above)
- Socks (ideally with a grippy sole) to wear during class
- Shoes for before/after class
- A warm jacket for before/after class
- Asthma puffer (if applicable)
- Epipen (if applicable)



## QR CODE CHECK IN

As per Government guidelines, A parent/guardian is required to sign in on behalf of their child. Save time by adding WGC to your favourites via the Serice Victoria Ap!





## ADDITIONAL PROTOCOLS

All WGC staff, gymnasts and parents aged 16 and above are required to show **proof of vaccination** to enter the facility. WGC strongly encourages all other members who are currently eligible (aged 12-15 years) to get vaccinated as soon as possible.



All WGC staff will be wearing masks. All gymnasts in grade 3, and above are required to wear a **mask** at all times when they are not participating in physical activity.



**Two separate bubbles** have been created to minimise contact between gymnasts and equipment. This space is clearly outlined by a fence that divides the gym into different areas only accessible to gymnasts/staff within that particular bubble. Each bubble contains separate equipment, entry and exit points, toilets and communal areas.

**Airconditioning** will operate on fresh air intake at peak times to increase ventilation flow.

Gymnasts are to wear **socks** during their class to minimise contact with equipment.



## HYGIENE & CLEANLINESS



All Waverley Gymnastics Centre staff will be guided by the Gymnastics Australia 'Club Surface and Equipment Cleaning Guidelines' that have been adapted from the WorkSafe Australia COVID-19 'How to Clean and Disinfect Your Workplace' guidelines. This covers general cleaning protocols as well as the cleaning of apparatus and gymnastics equipment. All gymnasts and employees will be required to sanitise their hands upon entry and exit of the facility, as well as throughout the session.

## IF UNWELL, PLEASE STAY HOME!



If your child or a member of your household is experiencing **ANY flu like symptoms that relate to COVID-19 or any other contagious illness please do not attend gymnastics. Make up classes will be available and we are more than happy to work with you to find a suitable option. In cases where a gymnast presents with flu-like symptoms, parents will be contacted to collect them.**



**WAVERLEY**  
Gymnastics Centre