

# HIGH PERFORMANCE SUPPORT PROGRAM CONSENT

In accordance with the Victorian Health Records Act 2001 and the Federal Privacy Act 1998

Dear Squad Member,

Waverley Gymnastics Centre respects your right to privacy. Waverley Gymnastics Centre also has a duty to take reasonable measures to safeguard your health and safety as a gymnast, as well as offering a holistic approach to enable each gymnast to reach their full potential.

The components of the HPSP are:

- Physiotherapy (Bounce Health Group)
- Nutrition (Bounce Health Group)
- Performance Psychology (Performance Edge Psychology)
- Growth and Development Monitoring (Global Performance Testing)
- Body Composition Analysis (VIS)
- Sports Medicine (Bounce Health Group)
- Myotherapy (Bounce Health Group)
- Podiatry (Bounce Health Group)

In giving consent to participate in the WGC HPSP:

1. you acknowledge any information that we receive from any aspect of the HPSP:
  - a. will be kept by Waverley Gymnastics Centre and will be maintained in the strictest of confidence
  - b. will not be disclosed to any third parties outside of Waverley Gymnastics Centre
  - c. will not be used for any other purpose other than for the purpose of providing assistance to you, and your coach/s, to ensure your training load and prescription is optimal
2. you acknowledge in relation to growth and development monitoring and body composition analysis that:
  - a. you will be given an opportunity to ask questions, and receive a satisfactory response around the nature and any risks associated with any Fit3D scans or body composition assessment
  - b. you will have the right to withdraw your consent freely and without prejudice at any time before or during the assessment
  - c. you have access to a qualified Dietitian to further explain the processes, purposes and any other questions pertaining to the Fit3D or body composition assessments at any time
  - d. you will advise the personnel conducting the assessment of any illness, injury or other physical, mental or medical condition that may increase the risk of undertaking of the assessment or if the assessment cannot be completed safely for any other reason

3. if we disclose any information that we receive about any aspect of the program, we will notify you of the details of the disclosure as soon as reasonably practicable after we do so
4. you may withdraw this HPSP consent at any time by providing us with written notification to this effect
5. you are entitled to request access to all information that is provided to us about your involvement in the HPSP and to request us to correct any information that is inaccurate, incomplete, misleading or not up to date